

Too Busy to Pray

It is not easy keeping in touch with God. Busyness overtakes us and so does care and worry not to mention the habit we have of taking things back into our own hands. Sometimes we have a sense of failure feeling everyone is better at praying than we are.

Take heart, the path to prayer is easier than you think. The beginning of prayer is realizing his Presence. This is the first step towards keeping in touch with God and knowing him more intimately.

When you wake, in the odd moments that come each day and before you fall asleep say, "How wonderful, the Lord loves me."

This is prayer! It will change you. Try it this month! And hopefully continue with it all the days of your life.



*How wonderful, the Lord
loves me.*