

The Presence of Christ in the Supermarket.

God is in the city streets and the supermarket too, in the faces of the shoppers for whom this trip out helps to assuage their loneliness, the frantic with not enough time, the impatient glancing at their watches and inwardly fuming at every small delay or the weary cashier at the end of her shift.

Despite our garden produce, we too have to shop! Some of the sisters enjoy a visit to a supermarket and others find their enjoyment of shopping quite incomprehensible! One thing is the same for you and us. We are the Presence of the Lord Jesus Christ there. This does not necessarily mean overtly dishing out texts although a little word of encouragement in our pocket based on Scripture can be very helpful sometimes, as we have discovered. We have seen worn and tired faces light up as they read a carefully chosen word. We portray Christ by who we are, a smile, a kind word, patience and an inner peace because we are close to God and not at war with ourselves.



"I am with you always"

Matt.28 v.20