

Spiritual Batteries



Sometimes we can be so busy working for the Lord that somewhere along the line we lose touch with him. The joy that once echoed in our hearts at the mention of the name, “Jesus” is lost. The words of an old hymn find an echo in our hearts, “Where is the blessedness that once I knew when first I saw your face.” We look as anxious and troubled as our non-Christian neighbour.

Perhaps, we received a shot in the arm so to speak as we attended conferences and gatherings of Christians in our holidays. These can be exciting and inspiring but we can’t live the whole year on these experiences. The glory begins to fade and the memory dims.

Often the encouragement of what we call a “good” Sunday service evaporates as Monday morning faces us. Spiritual batteries, we discover do not stay charged for long!

We have discovered that prayer is the answer, not the sort of prayer where we are coming with a long list of asking, which sometimes can leave us just as agitated after praying as before but rather prayer that is led by the Holy Spirit and leads us to the loving heart of God. Then we can bring the whole world including ourselves to him! If we are too busy for this then we are too busy.

We are called to serve the Lord but lest we find we are running out of steam spiritually we need to balance activity with time alone with Jesus.

A wise Carmelite prior wrote, “When a soul stops praying the devil says that one is mine.”



Jesus, where are you?