Quiet Trust

As this was being written, the writer glanced down and her eyes met the eyes of the perfect dog, lying at her feet, expectant and trusting. Coming between our houses there was the sound of happy laughter from children passing by and the voices of adults responding to them. They echoed trust – children's unquestioning trust of the adults around them.

We are at the beginning of a new year. None of us can foretell the future months. What we do know is that we have a loving heavenly Father who asks us to trust him in every situation in quietness of spirit. Such trust does not happen overnight and is difficult to suddenly acquire in the midst of a crisis.

The Lord Jesus never promised that life would be easier for Christians. On the contrary he said the opposite. His own life bears witness to that. Moreover as Christians we are not exempted from the common woes of life such as illness, death, redundancy, disappointments and so on. We are on dangerous ground if we think this life is gifted to us for our personal comfort and happiness. The necessary prerequisite of trust is facing life as it actually is.

How do we do nurture trust? Trust comes naturally to a child that is loved. We all know when the shadow of mistrust and fear is in the eyes of a child. Trust has been destroyed. Many of us somewhere along the line, as children or adults, find trust betrayed. It is as wounded people that we come to the Lord. Just as there is trust in children who are secure in the love of their parents and trust in a dog that is loved, so the starting place for us is not our trust in God but his love for us. From this assurance a quiet trust in the love of the heavenly Father begins to blossom in our hearts.

It is difficult to trust someone with whom we are hardly acquainted. Sometimes, as Christians our lives are so busy that there is little time left for the Lord himself. As we come close to him in prayer and



stillness we will be embraced by his love. "He will take great delight in you, he will quiet you with his love." Zep.3:17. Instead of anxiety, worry and frustration, a quiet trust will accompany us through the coming year.

"In quietness and trust is your strength." Is 30:15