

Loving a difficult person

What do we do when we encounter a day or days when we are finding someone around us for one reason or another verging on the impossible or so we think! Of course they may also be thinking that about us! But that is their problem, if we want to change the situation it has to begin not with my family or neighbor but with me!

It begins to change us when we start to think, "Lord, you love" whoever it is that we are finding difficult to love "Lord, you love Jim" or "Lord, you love Ann" or whatever name is appropriate. We can say this often through the day. This too is prayer. Being a Christian is all about loving God and loving others and we often fail. A prayer like this begins to change our unloving attitudes and it become easier for us to smile when formerly we frowned, gentle when we have been harsh, patient when we have been impatient or irritable. The prayer will also bless the other person and bring joy to the Lord Jesus.