

## Forgive

Jesus taught us to pray, “forgive us --- as we forgive those who sin against us”. Sometimes we have taken offence unnecessarily. Our pride has been wounded. Into our hearts creep resentment, grudges and the like. We speak unkindly about someone or there is hardness in our voice. We have not forgiven. Then we must be honest with the Lord about our lack of forgiveness and the cause.

Other times, there has been a serious wrong that we feel we cannot forgive. Every detail goes round and round in our minds. The recording has to be switched off! The Lord Jesus himself will heal our hurt but we must with our wills begin to forgive.

Start in prayer. Say the person’s name and then in the name of the Lord Jesus say, “I forgive you.” At the same time allow the Lord to heal the hurt with his love. Something very wonderful happens. All the power and grace of the Lord comes in behind our feeble attempts to forgive and suddenly the love and forgiveness is there not only in our minds but in our hearts. Who are we not to forgive others when God has forgiven us so much?

Forgiving does not mean that we condone wrong but God is the judge not us.



*“Father FOrgive them”*